

## SNACKS

<b>Carrot Sticks</b> (Half a carrot cut into sticks)		<b>\$0.50</b>
<b>Hommus, Guacamole or Salsa Dip</b>		<b>\$0.50</b>
<b>Popcorn</b>	<b>BS SB</b>	<b>\$0.50</b>
<b>Fresh Piece of Fruit</b>	<b>BS SB</b>	<b>\$1.00</b>
<b>Choc Chip Biscuit</b>	<b>★ BS SB</b>	<b>\$1.00</b>
<b>Tuckshop Baked Muffin</b>	<b>☺ SB</b>	<b>\$1.00</b>
<b>Crackers &amp; Cheese x 4</b>		<b>\$1.00</b>
<b>Snap Chips</b>	<b>GF BS SB</b>	<b>\$1.00</b>
(Salsa or BBQ Flavour)		
<b>Chocolate Brownie</b>	<b>☺ SB</b>	<b>\$1.50</b>
<b>Pikelets x 2</b>	<b>☺</b>	<b>\$2.00</b>
Plain, Jam, Honey OR butter – specify		
<b>Yoghurt Tub</b>	<b>BS SB</b>	<b>\$2.50</b>
(Vanilla or Berry)		
<b>Fruit Tub</b>	<b>BS</b>	<b>\$3.00</b>
(Seasonal fruit)		
<b>Super Snack Pack</b>		<b>\$3.00</b>

(Celery & Carrot Sticks, Cucumber, Cherry Tomato, Cheese, Crackers & Your choice of **Hommus**, **Guacamole** or **Salsa** dip)

## FROZEN SNACKS

<b>Quelch Ice Block</b>	<b>SB</b>	<b>\$0.50</b>
(A token will be sent with the lunch order for collection at second break)		
<b>Twisted Frozen Yoghurt</b>	<b>BS SB</b>	<b>\$2.00</b>
(Watermelon/Mango or Chocolate)		
<b>Vanilla Ice Cream Tub – 97% fat free</b>	<b>SB</b>	<b>\$2.00</b>

## PARENTS DAY OFF PACK

<b>Jam, Vegemite, Honey Sandwich on Wholemeal/White Bread + Ice Block or Carrot Sticks + Cookie or Muffin + Apple or Orange + Water</b>		<b>\$5.00</b>
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## DRINKS

<b>Water (600ml)</b>	<b>BS SB</b>	<b>\$1.00</b>
<b>Popper</b>	<b>BS SB</b>	<b>\$1.50</b>
(Apple, Tropical or Apple & Blackcurrant)		
<b>Plain Milk (300ml)</b>	<b>BS SB</b>	<b>\$1.50</b>
<b>Quench Mineral Water (300ml)</b>	<b>SB</b>	<b>\$2.00</b>
(Cola, Lemon Lime or Orange)		
<b>Flavoured Milk (300ml)</b>	<b>BS SB</b>	<b>\$2.50</b>
(Chocolate or Strawberry)		

## SANDWICHES

<b>Plain Sandwich</b>	<b>☺</b>	<b>\$1.50</b>
(Vegemite, Honey or Strawberry Jam)		
<b>Ham OR Cheese Sandwich</b>	<b>☺</b>	<b>\$3.00</b>
<b>Chicken Sandwich</b>	<b>☺</b>	<b>\$3.50</b>
<b>Salad Sandwich</b>	<b>☺</b>	<b>\$4.50</b>
(Cheese, Lettuce, Tomato, Beetroot, Cucumber, & Carrot)		

## ADDITIONS/VARIATIONS

<b>Wrap/Bread Roll</b>	<b>\$0.50</b>
<b>Gluten Free Bread</b>	<b>\$1.50</b>
<b>Lettuce, Tomato, Beetroot, Cucumber or Carrot (EACH)</b>	<b>\$0.50</b>
<b>Ham OR Cheese</b>	<b>\$1.00</b>
<b>Chicken</b>	<b>\$1.50</b>
<b>Wholemeal Bread, or Toasted – FREE upon request</b>	

## SAUCE

<b>Tomato or BBQ Sauce</b>	<b>\$0.40</b>
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## SALAD

<b>Salad Box</b>	<b>☺</b>	<b>\$4.50</b>
(Lettuce, Sliced Tomato, Beetroot, Cucumber, Carrot & Grated Cheese)		
<b>Salad Dressing (Italian or French)</b>		<b>\$0.50</b>
<b>Hokkien Noodle Salad</b>	<b>☺</b>	<b>\$4.00</b>
(Hokkien noodles, Carrots, Capsicum with sweet soy sauce)		
<b>Brown Rice Salad</b>	<b>☺</b>	<b>\$4.00</b>
(Celery, Carrot, Corn Capsicum & Cherry Tomato with Honey/Dijon dressing)		
<b>Add Chicken</b>		<b>\$1.50</b>
<b>Add Ham</b>		<b>\$1.00</b>

## HOT FOOD

<b>Cob of Corn (1/2)</b>	<b>V</b>	<b>\$0.50</b>
<b>Plain Rice</b>	<b>☺ V</b>	<b>\$1.00</b>
<b>Snack Pie</b>		<b>\$1.50</b>
<b>Sausage Roll</b>		<b>\$2.00</b>
<b>Noodles, Chicken Flavour</b>		<b>\$2.00</b>
<b>Hot Dog</b>		<b>\$2.50</b>
<b>Hot Dog with cheese</b>		<b>\$3.00</b>
<b>Large Pie</b>		<b>\$3.00</b>
<b>BBQ Chicken or Ham &amp; Cheese Pizza</b>		<b>\$3.00</b>
<b>Fried Rice</b>	<b>☺ V</b>	<b>\$3.00</b>
<b>Tuckshop Twister</b>		<b>\$3.50</b>
(Chicken Patty, Lettuce, Cheese & Mayo Wrap)		
<b>Burrito</b> (Meat, cheese, tomato, salsa & lettuce wrap)	<b>☺</b>	<b>\$4.00</b>
<b>Cheeseburger</b> (Beef Patty, Cheese & Tomato/BBQ Sauce)		<b>\$4.00</b>
<b>Spaghetti Bolognese</b>	<b>☺</b>	<b>\$4.00</b>
<b>Chicken Burger</b> (Chicken Patty, Lettuce, Cheese & Mayo)		<b>\$4.50</b>
<b>Hamburger</b> (Beef Patty, Lettuce, Cheese, Beetroot & Tomato)		<b>\$5.00</b>
<b>Lasagne</b>	<b>☺</b>	<b>\$5.00</b>
<b>Pasta Bolognese – Gluten Free</b>	<b>☺</b>	<b>\$5.00</b>